

SHASIEL FREGOSO RN, PHN, BSN

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PROFESSIONAL SUMMARY

As a newly graduated RN, BSN with a passion for public health nursing, I am eager to apply my knowledge and skills to provide compassionate and effective patient care on the medical emergency unit. With a dedication to promoting community well-being and a commitment to lifelong learning, I strive to positively contribute to the healthcare team and make a meaningful impact on patient outcomes

SKILLS & CERTIFICATIONS

- **CA Licensed Registered Nurse** – License Number __95388407__
- **ACLS Certification, PALS Certification, BLS/CPR/AED Certification, Fire Safety Certification (LA County), EKG & Pharmacology, NIH Stroke Scale Certification, MAB Certification**
- **Languages:** English and Spanish

EDUCATION

Bachelor of Science in Nursing

West Coast University • *Anaheim, CA*

- Graduated June 2024 • 3.7 GPA
- Dean's List, Magna Cum Laude

Bachelor of Science in Nursing - Prerequisites

California State University, Long Beach • *Long Beach, CA*

- Graduated 2022 • 3.1 GPA • Honor Roll

STUDENT RN CLINICAL EXPERIENCE

- **Nursing Integrations** - Kaiser Permanente South Bay: 1:1 Preceptorship, Emergency Department (135 hrs.) April 2024- June 2024
- **Critical Care** - Torrance Memorial Medical Center: CCU and Med-Surg (135hrs.) January 2024- March 2024
- **Public Health**- Illumination Foundation: Women's Homeless Shelter (90 hrs.) October 2023 – January 2024
- **Pediatrics** - St. Junipero Serra Catholic School: School Nursing (67.5 hrs.) August 2023-October 2023
- **OB** - St. Francis Medical Center: Labor and Delivery, NICU (67.5 hrs.) June 2023-August 2023
- **Med-Surg II** - UCI Health-Lakewood: Med-Surg and Emergency Department (135 hrs.) April 2023 - June 2023
- **Mental Health** - Silverado San Juan Capistrano Memory Care (90 hrs.) January 2023 - April 2023
- **Med-Surg I** - Silverado Beach Cities Memory Care (135 hrs.) October 2022-January 2023
- **Nursing Fundamentals** – WCU (90 hrs.) August 2022-October 2022

WORK EXPERIENCE

Amazon Fresh Associate, Amazon Fresh, Cerritos, CA October 2021 - July 2022

- Successfully managed online orders by accurately packing items for delivery, ensuring timely and accurate order processing in a fast-paced environment to meet customer expectations and maintain high satisfaction ratings.
- Demonstrated proficiency in stocking shelves and maintaining inventory levels to ensure availability of products for online orders and in-store customers, contributing to smooth operations and a well-organized store environment at Amazon Fresh.

Employee, After's Ice Cream, Cerritos, CA April 2021 - September 2021

- Excelled in a busy ice cream shop setting, efficiently handling high volumes of customer orders while maintaining a positive attitude and delivering exceptional service under pressure.
- Collaborated seamlessly with colleagues to streamline operations during peak hours, contributing to a cohesive team environment and ensuring smooth workflow to meet customer demands promptly and effectively.

Barista and Waitress, Hiccups Tea House, Lakewood, CA February 2020 - October 2020

- Provided friendly and attentive customer service in barista and waitress roles, ensuring a positive dining experience through effective communication and personalized attention.
- Managed multitasking in fast-paced environments, executing orders accurately and promptly, while maintaining cleanliness and organization to uphold hygiene standards and ensure smooth operations.

VOLUNTEER EXPERIENCE

Summer Special Olympics
2023 - 15 hrs.

FAST Teacher Program Norwalk High
School Norwalk, CA - 150 hrs.

Atlantic Memorial Healthcare, Signal Hill,
CA – 135 hrs

